



FOLLOW US ON INSTAGRAM
@rosemeadcafe



**FREE
BREAKFAST
AND LUNCH
FOR ALL
STUDENTS**

Menu are subject to change without prior notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mon - Grilled Cheese
Sandwich
Tu - Bean & Cheese Burrito
Wed - Cheesy Pull Apart
Th - Cheese Calzone
Fri - Chicken Caesar Wrap

**LUNCH CHOICES INCLUDES
ASSORTED FRESH FRUIT,
VEGETABLES, AND 1% OR FAT
FREE MILK**



			<p>1</p> <p>Bagel with Cream Cheese</p> <p>Chicken & Veggie Dumplings with Sesame Ginger Salad and Fortune Cookie 🥥</p>	<p>2</p> <p>Egg, Sausage & Cheese Tornado</p> <p>Sticky Chicken Meatballs with Rice and Soy Cucumber Salad 🥥 <i>New!</i></p>
<p>5</p> <p>Breakfast Apple Mini Bites</p> <p>Boneless Chicken Wings, Mashed Potatoes, Steamed Corn, and Dinner Roll</p>	<p>6</p> <p>Colby Cheese Omelet with Biscuit</p> <p>Crunchy Beef Taco, Mexican Rice, Elote Salad, and Refried Beans 🥥</p>	<p>7</p> <p>Freshly Baked Cinnamon Rolls</p> <p>Grassfed Hamburger or Cheeseburger with Seasoned Wedge Fries</p>	<p>8</p> <p>Ham & Cheese Croissant</p> <p>Mandarin Orange Chicken, Brown Rice, Fortune Cookie, and Garlicky Broccoli 🥥</p>	<p>9</p> <p>Double Chocolate Chip Muffin</p> <p>Pepperoni or Cheese Pizza with Kale Caesar Salad 🥥</p>
<p>12</p> <p>Breakfast Burrito with Housemade Salsa Verde <i>New!</i></p> <p>Chicken Nuggets with Goldfish Cheddar Crackers</p>	<p>13</p> <p>Scrambled Egg with Toast</p> <p>100% Grassfed Beef Hot Dog on a Bun with BBQ Beans 🥥</p>	<p>14</p> <p>UBR Oatmeal Chocolate Chip Bar</p> <p>Breaded Chicken Drumsticks, Mashed Potatoes, and Garlic Knot</p>	<p>15</p> <p>Strawberry Mini Bagels</p> <p>Spaghetti & Meatballs with Garlicky Broccoli 🥥</p>	<p>16</p> <p>Freshly Baked Blueberry Lemon Scones</p> <p>Chicken Banh Mi Sandwich with Pickled Vegetables <i>New!</i> 🥥</p>
<p>19</p> <p>Breakfast Sausage Sandwich</p> <p>Three Cheese Cavatappi with Garlic Breadsticks 🌱</p>	<p>20</p> <p>French Toast with Turkey Sausage</p> <p>Chicken Taquitos, Guacamole and Refried Beans</p>	<p>21</p> <p>Assorted BeneFIT Bar</p> <p>Breaded Chicken Filet Sandwich with Seasoned Wedges</p>	<p>22</p> <p>Freshly Baked Chocolate Scones</p> <p>Teriyaki BBQ Chicken, Brown Rice, Fortune Cookie, and Garlicky Broccoli 🥥</p>	<p>23</p> <p>Chocolate Chip Muffin</p> <p>Cheeseburger Sliders, Crinkle Cut Fries & BBQ Beans</p>
<p>26</p> <p> HAPPY MEMORIAL DAY ★ ★</p>	<p>27</p> <p>Assorted Concha</p> <p>Spicy Italian or Turkey Cold Cut Deli Sandwich with Sun Chips and Garbanzo Bean Salad 🥥</p>	<p>28</p> <p>Mini Pancake Sausage Bites</p> <p>Pasta Bolognese, Garlic Knot, and Garlicky Broccoli 🥥</p>	<p>29</p> <p>Bagel with Cream Cheese</p> <p>Chicken & Veggie Dumplings with Sesame Ginger Salad and Fortune Cookie 🥥</p>	<p>30</p> <p>Egg, Sausage & Cheese Tornado</p> <p>Sticky Chicken Meatballs with Rice and Soy Cucumber Salad 🥥</p>

WE NOURISH, OUR STUDENTS FLOURISH.



FRESHLY PREPARED

PLANT-BASED



This institution is an equal opportunity provider